

Your ADHD Discussion Guide

Mark any symptoms your child has experienced regularly for at least 6 months. Discuss them with the doctor and explain how they've been impacting your child's world.

This checklist is derived from American Psychiatric Association diagnostic criteria to help you and your child's healthcare professional find out if Attention-Deficit/Hyperactivity Disorder (ADHD) symptoms may be present in your child's life and when.

Note: This checklist is not a diagnostic tool. Having some of the symptoms listed below does not necessarily mean you have ADHD. Only a healthcare professional can diagnose ADHD.

Symptoms of inattention in the past 6 months



Home



School



Social

1. Careless mistakes/lack of attention to details

Does your child overlook or miss details? Turn in inaccurate homework?

2. Difficulty paying attention

Does your child have difficulty staying focused during class, conversations, or lengthy readings?

3. Does not seem to listen, even when spoken to directly

Does your child's mind seem elsewhere, even when there isn't an obvious distraction?

4. Fails to follow through on tasks

Does your child start tasks like schoolwork or chores but quickly lose focus? Get easily sidetracked?

5. Has difficulty organizing tasks and activities

Is your child messy or disorganized? Does he or she have poor time management skills?

6. Avoids tasks requiring sustained mental effort

Does your child avoid schoolwork or homework?

7. Loses things

Do things like your child's school materials, pencils, or books go missing?

8. Easily distracted

Does your child's mind wander a lot?

9. Forgetful in daily activities

Does your child forget to turn in homework or do his or her chores?

ADHD Symptom Checklist, continued

Symptoms of hyperactivity/impulsivity in the past 6 months



Home



School



Social

1. Fidgeting

Does your child tap their hands, feet, or squirm in seat?

2. Leaves seat when you're expected to stay seated

Does your child have trouble staying seated in the classroom or in other situations that require remaining seated?

3. Runs or climbs in situations where it's inappropriate

4. Unable to play quietly

5. "On the go," acts as if "driven by a motor"

Is your child unable, or uncomfortable being still? Do others find it difficult to keep up with your child?

6. Talks excessively

7. Blurts out answers

Does your child complete people's sentences or "jump the gun" in conversations?

8. Difficulty waiting his/her turn

Does your child have trouble waiting in line?

9. Interrupts or intrudes on others

Does your child butt into conversations, games, or activities? Use other people's things without asking or getting permission?

Ask your child's doctor questions about ADHD

- What is ADHD?
- How do I know my child has ADHD and not something else?
- Will my child eventually grow out of ADHD?
- How can ADHD symptoms change over time?
- What are some tips for talking to my child about ADHD?

[Learn more](#) about a treatment option for children (ages 6-17) with ADHD on the next page and talk to your doctor.

Vyvanse is a prescription medicine used for the treatment of Attention-Deficit/Hyperactivity Disorder (ADHD) in patients 6 years and above. Vyvanse is not for weight loss. It is not known if Vyvanse is safe and effective for the treatment of obesity.



IMPORTANT SAFETY INFORMATION

Vyvanse® is a federally controlled substance (CII) because it can be abused or lead to dependence. Keep Vyvanse in a safe place to prevent misuse and abuse. Selling or giving away Vyvanse may harm others and is against the law. **SAFETY INFORMATION CONTINUED BELOW**

Questions to ask your child's doctor about Vyvanse

Vyvanse is the #1 prescribed branded ADHD medication. Find out if it's right for you by asking your doctor the questions below. **Medication treatment may not be appropriate for all patients with ADHD.**

- Is Vyvanse an option for my child?
- How may Vyvanse help with my child's ADHD symptoms?
- Who should not take Vyvanse?
- What important safety information should I know about Vyvanse?
- What are common side effects of Vyvanse?
- What time of day should Vyvanse be taken?
- Does my child need to take Vyvanse every day?
- Are there times when it's OK to stop taking it?
- Can Vyvanse be taken with other medications?
- How do you know if Vyvanse is working?

IMPORTANT SAFETY INFORMATION (continued)

Vyvanse is a stimulant medicine. Tell the doctor if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

Who should not take Vyvanse?

Do not take Vyvanse if you or your child are:

- taking or have taken an anti-depression medicine called a monoamine oxidase inhibitor (MAOI) within the past 14 days.
- sensitive or allergic to, or had a reaction to other stimulant medicines.

Serious problems can occur while taking Vyvanse. Tell the doctor:

- if you or your child have heart problems, heart defects, high blood pressure, or a family history of these problems. Sudden death has occurred in people with heart problems or defects taking stimulant medicines. Sudden death, stroke and heart attack have happened in adults taking stimulant medicines. Your doctor should check you or your child carefully for heart problems before starting Vyvanse. Since increases in blood pressure and heart rate may occur, the doctor should regularly check these during treatment. **Call the doctor right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting while taking Vyvanse.**

Please see additional safety information on the following pages and discuss with your doctor.

IMPORTANT SAFETY INFORMATION (continued)

Serious problems can occur while taking Vyvanse. Tell the doctor: (continued)

- if you or your child have mental (psychiatric) problems, or a family history of suicide, bipolar illness, or depression. New or worse behavior and thought problems or new or worse bipolar illness may occur. New psychotic symptoms (such as seeing or hearing things that are not real, believing things that are not true, being suspicious) or new manic symptoms may occur. **Call the doctor right away if there are any new or worsening mental symptoms or problems during treatment.**
- if you or your child have circulation problems in fingers and toes (peripheral vasculopathy, including Raynaud's phenomenon). Fingers or toes may feel numb, cool, painful, sensitive to temperature and/or change color from pale, to blue, to red. **Call the doctor right away if any signs of unexplained wounds appear on fingers or toes while taking Vyvanse (lisdexamfetamine dimesylate).**
- if your child is having slowing of growth (height or weight). The doctor should check your child's height and weight often while on Vyvanse, and may stop treatment if a problem is found.
- if you or your child have symptoms of serotonin syndrome: agitation, hallucinations, coma, or changes in mental status; problems controlling movements or muscle twitching, stiffness, or tightness; fast heartbeat; sweating or fever; nausea, vomiting or diarrhea. Call your doctor or go to the emergency room if symptoms occur. Serotonin syndrome may occur if Vyvanse is taken with certain medicines and may be life-threatening.
- if you or your child are pregnant or plan to become pregnant. It is not known if Vyvanse may harm your unborn baby.
- if you or your child are breastfeeding or plan to breastfeed. Do not breastfeed while taking Vyvanse. Talk to your doctor about the best way to feed your baby if you take Vyvanse.

What are possible side effects of Vyvanse?

The most common side effects of Vyvanse in ADHD include:

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| • anxiety | • dry mouth | • trouble sleeping |
| • decreased appetite | • irritability | • upper stomach pain |
| • diarrhea | • loss of appetite | • vomiting |
| • dizziness | • nausea | • weight loss |

For additional safety information, click here for [Medication Guide](#) and discuss with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.



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