

ADHD Symptom Checklist

Attention-Deficit/Hyperactivity Disorder (ADHD) is a neurobehavioral disorder that appears as a persistent pattern of inattention and/or hyperactivity/impulsivity that may interfere with your daily life. This checklist is a tool to let the doctor know what ADHD symptoms you may be experiencing, the frequency in which you're experiencing them, and in what settings (at home, at school/work, in social situations) they occur.

It may be helpful to:

- Record your own observations
- Ask for input from family members who know you well

Checklist key:

Home = Work or School = Social =

You can use the ADHD Symptom Checklist at your first visit with the doctor, and during follow-up visits to help the doctor understand how you're doing while on treatment.




Please note, this checklist is not a diagnostic tool. Only a doctor or other trained health care professional can diagnose ADHD.

Mark each section with: Never = **N** Sometimes = **S** Often = **O**

Symptoms of inattention in the past 6 months:				
1	Careless mistakes/lack of attention to details <i>Examples: overlooks or misses details; work is inaccurate</i>			
2	Lack of sustained attention <i>Example: has difficulty remaining focused during class, conversations, or lengthy readings</i>			
3	Poor listening <i>Example: mind seems elsewhere, even in the absence of obvious distraction</i>			
4	Not following through on tasks <i>Example: starts tasks but quickly loses focus and is easily sidetracked</i>			
5	Poor organization <i>Examples: messy, disorganized work; poor time management; tends to miss deadlines</i>			
6	Avoids tasks requiring sustained mental effort <i>Examples: preparing reports, completing forms, reviewing lengthy papers</i>			
7	Losing things <i>Examples: tools, wallets, keys, paperwork, eyeglasses, mobile phone</i>			
8	Easily distracted by extraneous stimuli or unrelated thoughts			
9	Forgetful in daily activities <i>Examples: returning calls, paying bills, keeping appointments</i>			

ADHD Symptom Checklist, continued

Mark each section with: Never = **N** Sometimes = **S** Often = **O**

Symptoms of hyperactivity/impulsivity in the past 6 months:			
1 Fidgeting/squirming			
2 Leaving their seat <i>Example: leaves his or her place in the office or other workplace setting or in other situations that require remaining seated</i>			
3 Excessive running/climbing, or feeling restless <i>Example: in adults, may be limited to feeling restless</i>			
4 Difficulty with quiet activities			
5 "On the go" <i>Examples: is unable to be or uncomfortable being still for an extended time, as in restaurants, meetings, etc.; may be experienced by others as being restless and difficult to keep up with</i>			
6 Excessive talking			
7 Blurting out answers <i>Examples: completes people's sentences and "jumps the gun" in conversations, cannot wait for next turn in conversation</i>			
8 Difficulty awaiting turn <i>Example: while waiting in line</i>			
9 Intrusive <i>Examples: butts into conversations, games, or activities; may start using other people's things without asking or receiving permission; adults may intrude into or take over what others are doing</i>			

Questions for Your Doctor About ADHD

Here is a list of questions about ADHD that you may want to ask your doctor.

- What is ADHD?
- How do I know I have ADHD and not something else?
- How can ADHD symptoms change over time?

Tips for Your Appointment

First visit

Be Early.

Plan to arrive at least 15 minutes early for your appointment to complete paperwork and to review your notes.

Be Assertive.

If the doctor, or anyone else, uses terminology you don't understand, ask questions. Many people worry about asking for additional information or requesting clarification. But be aware that it's much better to ask questions while you're there, rather than calling back later and trying to relay messages through an assistant.

Write Things Down.

Take notes during the appointment or shortly after. Jot down important information or instructions. It's an easy way to help you remember what you talked about.

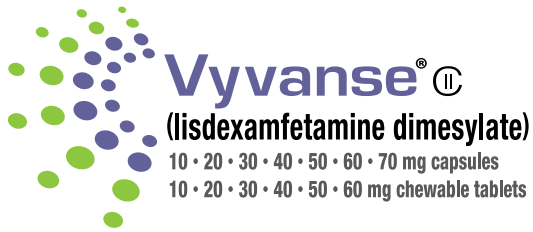
Keep an Open Dialogue.

Let the doctor know how you are responding to any treatment, because everyone responds differently.

Follow-up visits

- If you are prescribed medication as part of your ADHD treatment plan and experience side effects or a lack of symptom control, the doctor may stop the medicine or adjust dosage.
- Share any concerns you may have immediately with the doctor.

Vyvanse® is a prescription medicine used for the treatment of ADHD in patients 6 years and above. Vyvanse is not for weight loss. It is not known if Vyvanse is safe and effective for the treatment of obesity.



IMPORTANT SAFETY INFORMATION

Vyvanse® is a federally controlled substance (CII) because it can be abused or lead to dependence. Keep Vyvanse in a safe place to prevent misuse and abuse. Selling or giving away Vyvanse may harm others and is against the law. **SAFETY INFORMATION CONTINUED BELOW**

Questions for Your Doctor About Vyvanse (lisdexamfetamine dimesylate)

Here is a list of questions about Vyvanse (lisdexamfetamine dimesylate) that you may want to ask your doctor.

- Is Vyvanse an option?
- How may Vyvanse help with my ADHD symptoms?
- Who should not take Vyvanse?
- What important safety information should I know about Vyvanse?
- What are common side effects of Vyvanse?
- What time of day should Vyvanse be taken?
- Do I need to take Vyvanse every day? Are there times when it's okay to stop taking it?
- Can Vyvanse be taken with other medications?
- How do you know if Vyvanse is working?

Drug treatment may not be appropriate for all patients with ADHD.

IMPORTANT SAFETY INFORMATION FOR VYVANSE (*continued*)

Vyvanse is a stimulant medicine. Tell the doctor if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

Who should not take Vyvanse?

Do not take Vyvanse if you or your child is:

- taking or has taken an anti-depression medicine called a monoamine oxidase inhibitor (MAOI) within the past 14 days.
- sensitive or allergic to, or had a reaction to other stimulant medicines.

Problems that can occur while taking Vyvanse. Tell the doctor:

- if you or your child have heart problems or heart defects, high blood pressure, or a family history of these problems. This is important because sudden death has occurred in people with heart problems or defects taking stimulant medicines, and sudden death, stroke and heart attack have happened in adults taking stimulant medicines. Since increases in blood pressure and heart rate may occur, the doctor should regularly check these during treatment. **Call the doctor right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting while taking Vyvanse.**

Please see additional safety information on the following page, and click here for [Prescribing Information](#) and [Medication Guide](#), and discuss with your doctor.

IMPORTANT SAFETY INFORMATION FOR VYVANSE (lisdexamfetamine dimesylate) (continued)

Problems that can occur while taking Vyvanse. Tell the doctor: (continued)

- if you or your child have mental problems, or a family history of suicide, bipolar illness, or depression. This is important because new or worsening behavior and thought problems or bipolar illness may occur. New symptoms such as seeing or hearing things that are not real, believing things that are not true, being suspicious, or having new manic symptoms may occur. **Call the doctor right away if there are any new or worsening mental symptoms during treatment.**
- if you or your child have circulation problems in fingers and toes (peripheral vasculopathy, including Raynaud's phenomenon). Fingers or toes may feel numb, cool, painful, sensitive to temperature and/or change color from pale, to blue, to red. **Call the doctor right away if any signs of unexplained wounds appear on fingers or toes while taking Vyvanse.**
- if your child is having slowing of growth (height and weight); Vyvanse may cause this serious side effect. Your child should have his or her height and weight checked often while taking Vyvanse. The doctor may stop treatment if a problem is found during these check-ups.
- if you or your child are pregnant or plan to become pregnant. It is not known if Vyvanse may harm your unborn baby.
- if you or your child are breastfeeding or plan to breastfeed. Do not breastfeed while taking Vyvanse. Talk to your doctor about the best way to feed your baby if you take Vyvanse.

What are possible side effects of Vyvanse?

The most common side effects of Vyvanse reported in ADHD studies include:

- | | | |
|----------------------|--------------------|----------------------|
| • anxiety | • dry mouth | • trouble sleeping |
| • decreased appetite | • irritability | • upper stomach pain |
| • diarrhea | • loss of appetite | • vomiting |
| • dizziness | • nausea | • weight loss |

For additional safety information, click here for [Prescribing Information](#) and [Medication Guide](#), and discuss with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.



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